



# NC-7. 13.-14. februar 2010

## Hamar Olympiahall Menn Senior Allround etter (4) distanser SAMMENLAGT RESULTATER



RNK	NR	NAVN	NAT	KLUBB	POENG						
<b>1</b>	<b>57</b>	<b>Lars Kvaalen</b>	<b>NOR</b>	<b>OSK</b>	<b>156,703</b>						
500 m				5000 m	1500 m	10000 m					
37.16	37,160	1	6.43.94	40,394	5	1.51.29	37,096	1	14.01.07	42,053	5
<b>2</b>	<b>54</b>	<b>Øystein Grørdum</b>	<b>NOR</b>	<b>Arendal SK</b>	<b>157,982</b>						
500 m				5000 m	1500 m	10000 m					
40.13	40,130	10	6.30.50	39,050	1	1.54.63	38,210	5	13.31.84M	40,592	1
<b>3</b>	<b>68</b>	<b>Tore Solli</b>	<b>NOR</b>	<b>Sandefjord SK</b>	<b>158,093</b>						
500 m				5000 m	1500 m	10000 m					
39.06	39,060	4	6.37.93	39,793	2	1.54.43	38,143	3	13.41.94	41,097	3
<b>4</b>	<b>46</b>	<b>Mathias Rogn</b>	<b>NOR</b>	<b>IF Fram</b>	<b>159,153</b>						
500 m				5000 m	1500 m	10000 m					
39.09	39,090	7	6.41.01	40,101	4	1.53.33	37,776	2	14.03.72	42,186	6
<b>5</b>	<b>61</b>	<b>Reidar Borgersen</b>	<b>NOR</b>	<b>Geithus IL</b>	<b>159,618</b>						
500 m				5000 m	1500 m	10000 m					
40.31	40,310	12	6.39.14	39,914	3	1.56.27	38,756	7	13.32.77M	40,638	2
<b>6</b>	<b>67</b>	<b>Tormod Bjørnetun Haugen</b>	<b>NOR</b>	<b>Sandefjord SK</b>	<b>159,892</b>						
500 m				5000 m	1500 m	10000 m					
38.59	38,590	2	6.49.06	40,906	6	1.55.25	38,416	6	13.59.60	41,980	4
<b>7</b>	<b>52</b>	<b>Ola Røjler</b>	<b>SWE</b>	<b>SK Winner</b>	<b>163,375</b>						
500 m				5000 m	1500 m	10000 m					
38.60	38,600	3	6.59.91	41,991	7	1.54.51	38,170	4	14.52.29	44,614	8
<b>8</b>	<b>60</b>	<b>Gøran Botngård</b>	<b>NOR</b>	<b>Bjugn/Ørland SK</b>	<b>164,600</b>						
500 m				5000 m	1500 m	10000 m					
39.06	39,060	5	7.00.32	42,032	8	1.59.36	39,786	10	14.34.44	43,722	7
<b>9</b>	<b>56</b>	<b>Anders Vestrheim Skavhellen</b>	<b>NOR</b>	<b>Fana IL</b>	<b>166,160</b>						
500 m				5000 m	1500 m	10000 m					
40.06	40,060	9	7.02.66	42,266	9	1.56.93	38,976	8	14.57.17	44,858	9
<b>10</b>	<b>69</b>	<b>Terje Almås</b>	<b>NOR</b>	<b>Stord IL</b>	<b>166,767</b>						
500 m				5000 m	1500 m	10000 m					
39.07	39,070	6	7.09.81	42,981	10	1.56.96	38,986	9	15.14.61	45,730	11
<b>11</b>	<b>48</b>	<b>Daniel Vestman</b>	<b>SWE</b>	<b>Hagstrøms SK</b>	<b>173,832</b>						
500 m				5000 m	1500 m	10000 m					
39.67	39,670	8	7.40.57	46,057	14	2.00.10	40,033	11	16.01.44	48,072	15
<b>12</b>	<b>62</b>	<b>Morten Henriksen</b>	<b>NOR</b>	<b>Geithus IL</b>	<b>176,141</b>						
500 m				5000 m	1500 m	10000 m					
41.33	41,330	13	7.37.25	45,725	13	2.04.08	41,360	12	15.54.53	47,726	13
<b>13</b>	<b>50</b>	<b>Anton Ekman</b>	<b>SWE</b>	<b>IF Thor</b>	<b>177,162</b>						
500 m				5000 m	1500 m	10000 m					
41.34	41,340	14	7.43.88	46,388	15	2.04.57	41,523	13	15.58.23	47,911	14
<b>14</b>	<b>55</b>	<b>Jon Kjetil Gauslaa</b>	<b>NOR</b>	<b>Aktiv SK</b>	<b>179,924</b>						
500 m				5000 m	1500 m	10000 m					
44.71	44,710	16	7.29.92	44,992	12	2.09.63	43,210	15	15.40.25	47,012	12



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<b>15</b>	<b>45</b>	<b>Per Gunnar Stensvaag</b>	<b>NOR</b>	<b>Tromsø SK</b>	<b>192,128</b>						
500 m				5000 m	10000 m						
44.75	44,750	17	8.12.38	49,238	17	2.17.27	45,756	17	17.27.69M	52,384	17
<b>16</b>	<b>53</b>	<b>Harald Paulsen</b>	<b>NOR</b>	<b>Tysvær SK</b>	<b>200,014</b>						
500 m				5000 m	10000 m						
50.68	50,680	22	8.14.31	49,431	18	2.27.08	49,026	20	16.57.54M	50,877	16
<b>17</b>	<b>71</b>	<b>Trygve Hetland</b>	<b>NOR</b>	<b>Stavanger SK</b>	<b>200,771</b>						
500 m				5000 m	10000 m						
47.85	47,850	19	8.35.64	51,564	21	2.22.62	47,540	18	17.56.35	53,817	20
<b>18</b>	<b>72</b>	<b>Per Nygård</b>	<b>NOR</b>	<b>Stavanger SK</b>	<b>202,664</b>						
500 m				5000 m	10000 m						
49.12	49,120	21	8.33.38	51,338	20	2.26.01	48,670	19	17.50.72	53,536	19
<b>19</b>	<b>63</b>	<b>Paul Fitzgerald</b>	<b>IRL</b>	<b>Geithus IL</b>	<b>203,383</b>						
500 m				5000 m	10000 m						
48.98	48,980	20	8.39.55	51,955	22	2.29.69	49,896	21	17.31.05	52,552	18
<b>20</b>	<b>49</b>	<b>Inge Hermansson</b>	<b>SWE</b>	<b>Danderyd Athletics-Skridsko</b>	<b>224,410</b>						
500 m				5000 m	10000 m						
53.89	53,890	23	9.29.11	56,911	23	2.39.38	53,126	22	20.09.66	60,483	21
<b>65</b>	<b>Helge Flesland</b>	<b>NOR</b>	<b>Skuteviken</b>								
500 m				5000 m	10000 m						
45.44	45,440	18	8.22.46	50,246	19	2.14.82	44,940	16			
<b>47</b>	<b>Ragnvald Næss</b>	<b>NOR</b>	<b>Narvik SK</b>								
500 m				5000 m	10000 m						
42.92	42,920	15	DQ			2.05.64	41,880	14	15.05.64	45,282	10
<b>64</b>	<b>Jan-Terje Sørli</b>	<b>NOR</b>	<b>Sandefjord SK</b>								
500 m				5000 m	10000 m						
40.13	40,130	11	DQ			DNF					
<b>59</b>	<b>Yngve Raudberget</b>	<b>NOR</b>	<b>Spk. Falken</b>								
500 m				5000 m	10000 m						
DNS						DNS			DNS		

Referee: \_\_\_\_\_